The Poverello

St. Bonaventure Secular Franciscans ✠ Detroit, Michigan

Vol. 82 no. 2— March 2022

The greatness of Saint Joseph is that he was the spouse of Mary and the father of Jesus. In this way, he placed himself, in the words of Saint John Chrysostom, "at the service of the entire plan of salvation."

Pope Francis, Patris Corde

Minister's Letter

Sunday March 20, 2022 Day of Reflection!!
Begins at 11:30am

Sisters and Brothers,

Our March 20 Day of Reflection begins at 11:30am. Our guest presenter is **Jim Graczyk**, Minister of the Divine Mercy Region. His presentation is on reconciliation. Bring a brown bag lunch and a dish to share. Please plan to attend in person and welcome Jim to our Sunday gathering. It's always a pleasure when a member of the Regional Leadership Council visits our fraternity.

The Solanus Casey Center Lenten Events:
March 2 12:00pm Ash Wednesday Mass

LENTEN SERIES - CONVERSION
Each Wednesday there will be a NOON Mass followed by a light lunch of soup, bread, and a beverage along with a talk. The talk is held in the dining room while the people enjoy their lunch. The talk lasts about 20 minutes and develops one aspect of the theme.

Wednesday, March 9
Jesus - Br. Dan Crosby
Wednesday, March 16
Sts. Peter and Paul - Br. Julius Milton
Wednesday, March 23
St. Francis of Assisi - Br. Thomas Skowron
Wednesday, March 30
St. Elizabeth of Hungary - Justine Santoro
Wednesday, April 6
Dorothy Day - Br. Igor De Bilquy
Wednesday, April 13
St. Oscar Romero - Sally McCuen

GUILD LENTEN DAY OF REFLECTION
Thursday, April 7, 2022 (9:00 AM - 3:00 PM)
Location: Solanus Casey Center, 1780 Mount Elliott St, Detroit, MI 48207

A Lenten Day of Reflection at the Solanus Casey Center is offered by the Father Solanus Guild. The day will center on the Sacred Triduum, the three most important days of the liturgical calendar, that begin with Holy Thursday and run through Easter Sunday, reflecting Christ's passion through His glorious resurrection

Speaker: **Fr. Mark Joseph Costello**, OFM Cap., Provincial Minister of the Capuchin Franciscan Province of St. Joseph

Registration deadline is T**uesday, March 22**. Space is limited so advance registration is required. Link to registration form or contact Dennis Till at 313.579.2100 x1140 for registration: https://solanuscasey.org/images/uploads/documents/2022_Father_Solanus_Guild_Lenten_Day_of_Reflection.pdf

I encourage you to participate in the Lenten activities at the Solanus Center. The Lenten Series soup and talk is back after a long delay due to COVID. The Guild's Lenten reflection is with Fr. Mark Joseph. He was presenter at our St. Joseph Day in Art. He gives a whole new understanding for looking at art! Be sure to wear your fraternity apparel to help promote our fraternity.

St. David's Fraternity invites us to join them for prayer on **March 25**, the Feast of the Annunciation, at the St. Joseph Chapel and Shrine of Immaculate Heart of Mary, 400 South Blvd W, Pontiac, MI 48341. The shrine is owned and operated by the Terra Sancta Ministries (TSM)—a Franciscan ministry of evangelization. The purpose of this annual event is to support the shrine (one of six Marian shrines of Michigan) and Terra Sancta Ministries. Franciscan Friar, **Father Alex Kratz, OFM**, will preside at Mass.

March 25 Schedule: 10:30am Doors Open, 11:00 am Confession,11:30 am Franciscan Crown Rosary, Noon – Mass, 1:00 pm – Stations of the Cross

Attention Adorers -- First Friday Adoration! Be sure to wear your fraternity apparel.

Eucharistic Adoration March 4 Schedule:
9:30am – Melissa Lindow, Sidney Davis
10:00am – Melissa Lindow, Sidney Davis
11:00am – Mary Myler
Noon – Julia E-Donahue (Benediction)
1:00pm – Paula Jerzy
2:00pm – Bernadette Mikowski
3:00pm – Open

Eucharistic Adoration Friday April 1 Schedule:
9:30am – Melissa Lindow, Sidney Davis
10:00am – Joe Quesnelle
11:00am – Mary Myler
Noon – Julia E-Donahue (Benediction)
1:00pm – Paula Jerzy
2:00pm – Bernadette Mikowski
3:00pm – Open

Mark your calendar for October 12 – 15. The Divine Mercy Region is hosting the National OFS Meeting here in Detroit. There will be a day for the members to visit the Solanus Casey Center. More details to follow in future Poverellos.

We continue to collect white towels and socks for the **Capuchin Shower Program**.

Our March Gathering is on Sunday March 20 at 11:30. We will meet in person at the Solanus Center and on Zoom. At our gatherings we will now track **excused and non-excused absences**. If you are unable to attend in person or on Zoom, please email or text **Bernadette Mikowski** at 586-322-4806 or berniemikowski@yahoo.com or leave a message on our office phone 313.579.2100 x1136. This will ensure absences are recorded as excused. In keeping with our rule your monthly contributions are greatly appreciated.

ZOOM Information
Topic: OFS Gathering
Time: March 20, 11:30 am

Join Zoom Meeting
https://us06web.zoom.us/j/8765411335?pwd=YSs0VkxXR3RWT2VlaTV3V2RsZzM5dz09

Meeting ID: 876 541 1335
Passcode: 694109

Conference Call Dial In.
929 205 6099 US
Meeting ID: 876 541 1335
Passcode: 694109

We had a wonderful gathering in February. **Brittney Walendzik** led us through 3 discussions on St. Francis. We enjoyed getting together and having fraternity. We have an Orientation class that started in January and we met our orientees. We also had a professed member from Texas, **Karen Parsons**, join us. She and her husband are moving to Michigan and is interested in our fraternity.

As for myself I am off to Florida with my sister to visit my brother and his family. I will not be at the March gathering in person. I hope to Zoom and be with you virtually. I may be in Florida, but I am still available for you. Call, text or email me with anything. You are all in my prayers.

Peace and Blessings,

Eileen

REFLECTION

Formation by Diane F. Menditto, OFS Chair, National Formation Commission

Formation Friday is the work product of the National Formation Commission of the Secular Franciscan Order-USA. Please keep all citations and references intact. (This statement should be included with any posts in emails, on websites, or on social media.)

Focus on the Admonitions (#10)
https://franciscantradition.org/francis-of-assisi-early-documents/the-saint/writings-of-francis/the-undated-writings/the-admonitions/148-fa-ed-1-page-132

[X. Castigating the Body]

1There are many people who, when they sin or are injured, frequently blame the enemy or their neighbor. Gn 3:12 Gn 3:13 2But it is not so, because each one has the enemy in his power, that is his body through which he sins.

3Blessed is the servant, Mt 24:46 then, who always holds captive the enemy delivered into his power and wisely safeguards himself from him; 4because, as long as he does this, no other enemy visible or invisible will be able to harm him.

From the Prologue to our Rule

"1All those men and women who are not living in penance, 2who do not receive the Body and Blood of our Lord Jesus Christ, 3who practice vice and sin and walk after the evil concupiscence and the evil desires of their flesh, 4who do not observe what they have promised to the Lord, 5and who in their body serve the world and the cares of this life: 6They are held captive by the devil, whose children they are, and whose works they do (Jn 8:41) 7They are blind because they do not see the true light, our Lord Jesus Christ."
"11See you blind ones, deceived by your enemies: the flesh, the world and the devil, because it is sweet for the body to sin and it is bitter to serve God, 12for every vice and sin flow and proceed from the human heart (Mt 15:19, Mk 7:21) as the Lord says in the gospel. 13And you have nothing in this world or in that to come. 14And you think you will possess this world's vanities for a long time, but you are deceived because a day and hour will come of which you give no thought, which you do not know, and of which you are unaware when the body becomes weak, death approaches, and it dies a bitter death."

As you read Admonition X and the two paragraphs from the Prologue to our Rule (Concerning Those Who Do Not Do Penance), please consider the following questions. Record your thoughts in your journal or share them in a small group with other fraternity members.

+Blaming others has become the answer many in today's society use when explaining why they have done something wrong. They say, "Yes, but…" Or "That's how I was raised." Or "No one told me/taught me." Or "That's just the way I am."
--Explain the advice that St. Francis gives us on this topic in Admonition 10.

--How does he speak to us in the Prologue to our Rule to follow up on this advice?

--How often are we tempted to blame others for the wrongs we commit? Can you think of an example?

--Which Franciscan virtues can help us to avoid the temptation to blame others?

--What do I want to change about myself when it comes to blaming others?

March 2022 – Lenten Observance (from the Archdiocese of Detroit)

Lent is the season which runs from Ash Wednesday until the Mass of the Lord's Supper exclusive.

Ash Wednesday and Good Friday are days of total fast and abstinence. The Fridays of Lent are days of abstinence.

In keeping with the spirit and meaning of the Lenten fast, Catholics are encouraged to observe the Good Friday fast through Holy Saturday and until the celebration of the Easter vigil.

The law of fasting binds persons from the completion of their 18th year to the beginning of their 60th year, i.e., from the day after their 18th birthday to the day after their 59th birthday.

The law of fasting allows only one full meal a day, but does not prohibit taking some food in the morning and evening, observing as far as quantity and quality are concerned, approved local custom. The order of meals is optional; i.e., the full meal may be taken in the evening instead of at midday. Also: 1) The quantity of food taken at the two lighter meals should not exceed the quantity taken at the full meal; 2) The drinking of ordinary liquids does not break the fast.

The law of abstinence binds persons from the completion of their 14th year, i.e., from the day after their 14th birthday throughout life.

The law of abstinence forbids the use of meat. It does not forbid the use of eggs, the products of milk or condiments made of animal fat. Also permissible are soups flavored with meat, meat gravy and sauces.

Study and Live the Beatitudes

A 10-month study of the Beatitudes begins on Zoom on Saturday, Feb. 19. Called **"2022: A Year of Hope, Spirituality and JPIC Living the Beatitudes,"** the sessions are sponsored by the National Executive Council.
Times are 10 a.m. to noon Pacific Time and 1-3 p.m. Eastern Time.

Individuals are invited to attend whatever monthly sessions they can to pray and reflect on the Beatitudes. Obtain the Zoom link by sending a request to patriciaelizabethgrace7@gmail.com.

BLACK CATHOLIC PORTRAITS VISIT CARDINAL MOONEY

On its first stop during Black History Month, the student artist-created Black Catholic portraits exhibit traveled to Cardinal Mooney HS in Marine City on Monday, Feb. 7th for a three-day schedule. Later this week it will visit adjacent Holy Cross Catholic School for an opportunity for elementary students and parishioners to learn more. Next stop, next week: University of Detroit Jesuit HS.

Included in the photos here in the main entry lobby at Cardinal Mooney is Principal **David Evans** along with Head Football Coach **Joe Quesnelle, OFS**.

The portraits were a year-long project for youth in the neighborhood at **St. Suzanne Our Lady Gate of Heaven** under the direction of College for Creative Studies Community Arts Program instructors. Contact **Steve Wasko** 313-595-6082 for information on how get the exhibit to visit your parish or school.

March 2022 Prayer Request for Priests

Archdiocese of Detroit, MI

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Rev. R. Flack, S.J.	2 Rev. J. Flozenlogen, S.J.	3 Rev. B. Forintos	4 Rev. A. Fornwalt	5 Rev. Charles Fox
6 Rev. Joseph Fox, O.P.	7 Rev. G. Frawley, S.A.C.	8 Rev. C. Frickle	9 Rev. P. Fulton, C.S.B.	10 Rev. J. Gagnon, Rev. A. Galos	11 Rev. M. Gawlowski	12 Rev. Gawronski
13 Rev. J. Gembala	14 Rev. M. George, S.J.	15 Rev. G. Ghezzi, P.I.M.E.	16 Rev. C. Giera	17 Rev. N. Gjergji	18 Rev. D. Gjonaj, O.S.B.	19 Rev. D. Glasgow, S.J.
20 Rev. P. Gonyeau	21 Rev. L. Gould, S.A.C.	22 Rev. P. Graney	23 Rev. Z. Grankowski	24 Rev. J. Grau, Rev. M. Green, O.S.B.	25 Rev. J. Grimaldi	26 Most Rev. T. Gumbleton
27 Msgr. P. Halfpenny	28 Most Rev. D. Hanchon	29 Rev. J. Harrington, O.F.M>	30 Rev. R. Hartmann	31 Rev. J. Hast, O.F.M. Cap.		

Beyond Chocolate: Going Deeper in Lent

onlineministries.creighton.edu/CollaborativeMinistry/Lent/BeyondChocolate.html

As adults, we might want to consider looking at Lent in a deeper way. We are probably much more settled into our behaviors and patterns of life and sometimes giving up something is where we begin -- and end -- our

reflections on Lent. It can be tempting to say "I am giving up chocolate" or beer or even all sweets and all alcohol. But without more reflection, it can become simply a way I show God how how strong I am. It is more about me than any conversation with God.

Lent isn't simply about us "giving up" something. The real grace is when we recognize that Lent is a season in which God wants to give us something. God wants to help us transform our lives and make us more free as people -- not just freer with God, but in the way we live our lives and love our families.

It is much easier for us to simply choose something to give up -- then we can dismiss Lent! "I am giving up TV for Lent." "I am giving up movies... Snacks... Soda pop." We give it up and exercise our willpower for 40 days to prove to ourselves and to God that we can do it.

And at the end of Lent we can return to what we gave up.

But this year we might reflect and ask the deeper question: What is God inviting me to change this Lent? How do I know what God might be stirring in me? I begin by listening to the movements in my heart. Where am I feeling uncomfortable with the choices I am making? With the things I have done? With the habitual ways I respond? The Lord will be speaking to me in those small nagging moments of discomfort in my heart.
It might be that we know deep down that we drink too much and that giving up alcohol would make us less irritable each night. Then giving up alcohol would be the right thing. Asking what we would like to change about ourselves this Lent requires a little reflection. What pattern of behavior in my life needs changing? What do I need more of in my life?

Patience? Unselfishness? More loving behavior toward my spouse or children?
But each of us can think of something that gets in the way of our being loving and selfsacrificing. Too often the ordinary conflicts, divisions and difficulties in our family life result from simple selfishness on my part. I choose to fight. I choose to defend my opinion. I choose to use things I know about my partner, my children, my parents against them. I choose to hurt them.

The results of that behavior are never good and always divisive. We can imagine a Lenten practice in which each of us would tell members of our family – those whom we have most offended in these ways -- that we are sorry and ask them to help us to work with us to bring more unity and peace to our family life.

We can ask: What would it cost me to change this behavior? What would it mean if I didn't walk around my family acting crabby all the time? What if I decided to be much more loving and patient with my spouse this Lent? What if I did decide to "give up" something really destructive in my life, like alcohol, pornography or on-line friendships? As I reflect, I might realize that changing a particular way I live is coming to me as a call from God and I don't have to do it alone. God is moving my heart to reflect on these changes and God will remain faithful and help me to stay open to the grace being offered to me for change.

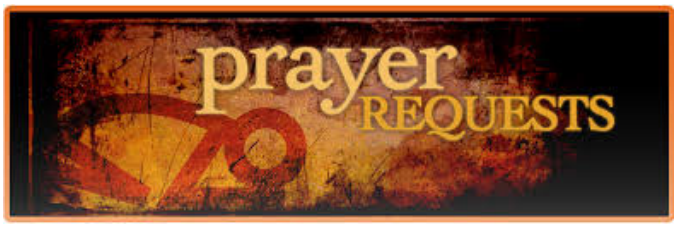
In asking God for help, we might ponder one of the many healing gospels, like Mark 2: 1-12. In this story, a group of friends carried a mat with a paralyzed man to Jesus, who was teaching inside a house. So many people crowded around the outside of the house that the friends were unable to get the mat inside. So they went up to the roof and moved aside the tiles and lowered their friend on the mat to Jesus below. The words to this gospel say that the friends on the roof had "broken through" the tiles to lower their friend into the house for healing. Their breakthrough led directly to the healing. Where do we need a breakthrough? What is the barrier that keeps us from asking for healing? In our own lives, we need to break through our denials, defensiveness and our unwillingness to look at ourselves. Discovering what the barrier is in my life is critical. If we don't know what the barrier is, these weeks of Lent are a great time to reflect upon it. When we identify the barrier, we have made the breakthrough. That's when Jesus can heal us of it.

Why is this a good Lenten penance? Because it gets my attention where I live every day. It allows God's grace into my soul and into the place where my real life exists. That's where Jesus stands with me every day, waiting for me to be lowered from the roof so he can touch me and heal me.

6.....Ilene Manning
11.....Laura Sapian
26.....Doug Gordon
27.....Maryann Kummer
28 .....Joshua Gibson
29.....Brittney Walendzik
31.....Charlotte Heymes

Franciscan Holy Days

March 2 – St. Agnes of Prague
March 9 – St. Frances of Rome
March 24 – Bl. Didacus Joseph of Cidaz



Members of our Fraternity

Lettie Aguilar
Dan and Jan Atkinson
Claire Boutain
Joyce Brouillette
Jerry Borycz
Sophia Cisneros
Sidney Davis
Salina De La Rosa
Julia Ertzbischoff-Donahue
Daniel Gabriel
James Heymes
Gary Johnson
Joyce Kaminski
Esther Kelley
Patricia Long
Ilene Manning & Family
Stella Mordarski
Ray Mylenek
Jo Marie Nardi
Mary Poole
Barbara Pardington
Diane Raymond
Marilyn Ricard
Mary Saber
Joe Sapian
Bridget Schultz
Ben Stapel
Anna Tyler
Terry Westbrook-Lienert

Please help to keep our prayer list up-to-date. Call:
Laura Sapian

Relatives needing prayers

Theresa Brannigan, daughter-in-law of Marguerite
Tiffany Fogg, niece of Daniel Gabriel
Ron Gray, friend of Melissa Lindow
Alice Greene, sister of Hank Forys
Denise Joseph, daughter of Louis
David Kaminsky, son of Joyce Kaminsky
Frances Krempasky, daughter of Mary Krempasky
Luke, grandson of Mary Krempasky
Patricia McCleary, mother of Therese Joseph
Thomas McCleary, brother of Therese Joseph
Jean Nozewski, wife of Thomas Nozewski
Kathleen Penridge, cousin of Julia Ertzbischoff-Donahue
Melinda Ann, daughter of Julia Ertzbischoff-Donahue
Karen Plousse, daughter of Joyce Kaminsky
Theresa Poole, mother of Mary
Jim Smith, grandson of Claire Boutain
Tom Sherfield, son-in-law of Claire Boutain
Sandra Woods Family
Denise Maltese, mother of Brittney Walendzik
Melanie Corcoran, sister of Brittney Walendzik

Students, Faculty, and Staff of Regina High School

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6 BD: Ilene Manning *Pss Week 1*	7	8	9	10	11 BD: Laura Sapian	12 **LEADERSHIP COUNCIL** **10:30 - 12:00 P.M.**
13 *Pss Week 2*	14	15	16	17 	18	19
20 **FRATERNITY GATHERING** **11:30 A.M.** *Pss Week 3*	21	22	23	24	25 **ANNUNCIATION OF THE LORD**	26 BD: Doug Gordon
27 BD: Maryann Kummer *Pss Week 4*	28 BD: Joshua Gibson	29 BD: Brittney Walendzik	30	31 BD: Charlotte Heymes		

Fax et Phonum

Minister
Eileen Smith 313-574-4682
Vice Minister
Joe Quesnelle..... 586-805-6555
Treasurer
Sue Ayoub..... 248-875-4775
Secretary
Bernie Mikowski 586-322-4806
Formation Minister
Sylvia Snigier 313-533-8795
Councilors:
Doris Allen 734-476-9791
Ron Kessler 586-759-3474
Sharon Kessler..... 313-274-2461
Brittney Walendzik..... 586-215-5215
Spiritual Assistant:
Fr. Bill Hugo.....313-579-2100 x 1179

APPOINTMENTS

Continuing Formation Coordinator:
Joe Quesnelle..... 586-805-6555
Gospel Happenings Coordinators:
Ron Kessler 586-759-3474
Sharon Kessler..... 313-274-2461
Healing Service Social Coordinators:
Ron Kessler 586-759-3474
Sharon Kessler 313-274-2461

Hospitality co-Coordinators:
Julia Ertzbischoff-Donohue
Ona Moore 313-779-7756
Infirmarian:
Laura Sapian..... 734-748-9937
Caring Hearts
Anna Tyler..... 313-595-6082
JPIC Coordinator:
Doris Allen 734-476-9791

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St. Bonaventure Secular Franciscan Fraternity
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Detroit, Michigan 48207
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***editor:* Brittney Walendzik**

MAKING FRATERNITY HAPPEN

Our Fraternity gathers on the Third Sunday of every month. For more information, contact:

Eileen Smith.....

FRATERNITY MINISTRY OUTREACH:

HEALING PRAYER SERVICE SOCIAL

Wednesdays at 2 PM

FRANCISCAN MINISTRIES

2nd Saturday of each month
10 a.m. - 11 a.m.
Franciscan Ministries Office next to St. Aloysius
Contact

FRANCISCAN BOOK DISCUSSION

Prior to each of our monthly meetings, from 12:00 p.m. - 1:00 p.m., a Franciscan Book Discussion group gathers in the Solanus Center Library for anyone interested. For more information, contact:

Jacqueline Hale at

St. Bonaventure
Secular Franciscan Fraternity
1820 Mount Elliott Street
Detroit, Michigan 48207